



Pompton Reformed Church  
59 Hamburg Turnpike  
Pompton Lakes, NJ 07442  
973-835-0541  
[www.pomptonreformed.org](http://www.pomptonreformed.org)



Resolution-a firm decision to do or not to do something.

### New Year Resolutions

Many people make a resolution for the new year.....

I will: lose weight; exercise more; join a gym; eat healthier;

Not cuss; treat my sibling better, watch less tv, read more; etc.

All are laudable "resolutions" but how many are followed through? How many "resolutions" are broken within a few weeks of the new year.

People are not very good at keeping resolutions, myself included.

It is suggested that the very nature of resolutions make it easy to give up on them. There is no accountability and no way to really measure whether one is making progress.

I am making another resolution this year,  
one I intend to maintain as always but  
this one is between me and God.

I pray often but mostly my  
Prayers are conversations

I have with God.

I do the talking.

My resolution this  
Year is that I will listen  
**MORE** than I will talk.

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. Philippians 4:6 NIV

Clearly, we are meant to pray to our Lord, but how often are we listening for the still quiet voice in return.?



## Quiet January Moments

By Elaine Peacock



The rush of the holidays are over, the decorations are all put away and everything looks so bare and “back to normal.” I know what you are thinking; January means snow and being stuck inside. Actually, I think God put January right at the start of a new year so we can slow down from all the rush of the holidays and enjoy some quiet January moments. Make a cup of tea, coffee or hot chocolate and enjoy staying cozy inside or dress warm and take a short stroll and reward yourself with your favorite hot drink upon your return. Maybe this is a time you will finally get to that book you meant to start, a movie you meant to rent, a new recipe you meant to try or a letter you meant to write to a dear friend. Whatever it is January is the perfect month for quiet moments. Happy New Year PRC.

## *Greetings from the Congregation to the Congregation*

A blessed Christmas from Eleanor Haling to all her friends at PRC.

*Holiday greetings. Miss being in church with everyone,  
Paulette Kranik*

Happy, Healthy New Year from longtime member, Jan Pellington

(I think there are few who remember me. I am sure there are many new members. I have kept my membership in PRC, though the two hour drive was getting to be too much each Sunday. I have found a little church in Pennsylvania that I attend in the summer. Though Florida is my official residence, I still spend summers in the Poconos.)

As I was writing out a few cards, I thought that there were many in the congregation I would like to send wishes to. I could not afford the stamps to send them all out, so here is my wish for you all- May you be blessed at Christmas and all 2022 long. We are surely blessed with Pastor John leading us and all the unnamed folks that keep PRC running. Merry Christmas! Healthy New Year! Karen Huysers

*hello*

## Opportunities to Serve the Community

Food bank

Community Dinner

Oasis



## Opportunities to Socialize

Tuesday afternoon Knitters, 1-3PM Tuesdays

Lunch Bunch- 2<sup>nd</sup> and 4<sup>th</sup> Thursdays from 12-3PM

## Consistory Nominations

### *Deacons*

Tina Thompson

Bruce Davis

Nancy Shimmel

### *Elders*

Mark Warner

Eva Terhune

Who wants a hoagie???

The Deacons will be selling Hoagies mid-way through the month to be picked up on Superbowl Sunday. Deacon Hoagies are legendary for their meaty good-ness. Salads are available as well. Be on the lookout for the order forms!



*Our Beautiful  
Church on  
Christmas Eve*

It was so nice to see Bobbi and  
Russel Cockefair in church with  
Judy Dickinson!

Happy New Year!



Let's end this year with a thankful heart and start the new year with peace and faith. Let us release the bitterness and frustrations of the past year. Let us move into the next year knowing that God loves us and wants the best for us. Let's pray that the new year will be focused on healing ourselves through repentance and the renewing of our minds. We were not meant to do life alone! We can bring the light of hope into our own heart, home, and world.

From Christianity.com

February newsletter submissions  
Are due by Sunday, January 30, 2022  
To [khuysersmsn.com](http://khuysersmsn.com)

Thank you to all who contribute on a regular basis!